



॥ श्री स्वामी समर्थ ॥

Kedareshwar Gramin Vikas Pratishthan, Sangamner's
**Kai.Sau. Sunitatai Eknathrao Dhakane
Polytechnic College, Shevgaon**



Gat No. 147/2, A/P : Rakshi, Tal. Shevgaon, Dist. Ahmednagar - 414 502. Ph. 02429 - 293666

DTE Approval No: 10/AICTE/Padvika/Manyata/2010/537
DTE Code : D-5370

MSBTE Code : 1480

Approved by AICTE,DTE,GOM & Affiliated by MSBTE
AISHE Code : S-1890

Awarded by "Shiksha Bharti Puraskar". New Delhi (2012) & National Excellence Awarded by ALMA-U K (2015)

Email Id - kssedpoly@gmail.com

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Outward No. 178/15/2023

Date: 01/07/2023

OFFICE ORDER

To,

Prof. Sunil G. Autade,

Lecturer & Academic Coordinator

Dept. of Science & Humanities,

KSSE Dhakane Polytechnic College, Shevgaon

Subject: Appointment on Student counselor of the institute.

Dear Sir,

With reference to above cited subject, I am informed to bring to your kind notice that, you have been appointed as **student counselor** of the institute. You are supposed to make such a mechanism to provide a comfortable environment for all round development of the students. This mechanism helps the students in solving their personal, educational, social as well as psychological problems. The students should make comfortable to share their problems with the teachers and they are assured that their information will be kept confidential by the institute. This mechanism should also focus its efforts to develop positive attitude and behaviour in-order to meet challenges. Your skills in handling issues like interpersonal conflicts, relationship management, emotional disturbance, lack of concentration fear etc. will definitely help overall development of students. Wish you all the best.

Thanking you.



Yours Truly


Principal

Kai. Sau. Sunitatai Eknathrao Dhakane
Polytechnic College, Shevgaon



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CONSENT LETTER

Prof./Mr./Mrs. Autade S.G.
Lect. of Academic co-ordinator
Dept. of SA & Hum.
KSSSED Poly Shevgaon
Date: 02/07/2023

To,

The Principal,

KSSSED Polytechnic College,

Shevgaon, Dist- Ahmednagar

Subject: Consent for performing duties as student counselor.

Reference: Your office letter No. 178/15/2023 dated. 02/07/2023.

Respected Sir,

On going through the duties and responsibilities laid down for student counselor, I Prof./Mr./Mrs. Autade S.G. would like to inform you that, I am consented / not consented to perform the duty of student counselor in your institute. I had read and understood the duties and responsibilities for the same. I would like to deliberate my sincere thanks to the Institute Management for considering and nominating me for this task. My detailed information is as below.

Name : Autade S.G.
Detailed Mailing Address : sunitautade @ 2013 @ gmail . com
Educational Qualification : M. A. B. Ed.
Experience : 15 yrs.
Contact No : 9960597917.

Thanking you.

PERSONAL COUNSELING REPORT
ACADEMIC YEAR
2023-24

A REPORT ON PERSONAL COUNSELING PROCESS FOLLOWED ON ACADEMIC YEAR-2023-2024

The robust and mutually beneficial relationship that can evolve between an experienced faculty member and student constitutes a time honored tradition with in academia. Experienced faculties guide the students to improve their subject knowledge and always suggest about future job prospect in the industry. Recognizing the benefits of mentoring and the process of ongoing learning among all facilities both to the institution and individual members, institution academia committee has sought to enhance the impact of mentoring through formal initiatives designed to support and encourage it.

The following students were identified suffering from the problems mentioned below.

Sr.No	Name of Student	Class	Issue / Problem of student
01	Salve Shubham Shamuvel	FYCO	Depression
02	Patel Sahrish Abdulkadir	FYEE	Fear Of Exams
03	Ghugare Krushna Vishnu	FYME	Lack Of Communication
04	Andhale Bhakti Rameshwar	DSCO	Lack Of Concentration
05	Dhorkule Vaibhav Devidas	DSME	Tension With Exams
06	Chaudhar Vaibhav Shahadev	DSCE	Stress

Salve Shubham Shamuvel: Depression is a serious and important issue on college campuses across the country. College students are susceptible to depression due to potential factors such as stress with college, work, or finances, or possibly feeling isolated after moving away from friends and family. Mr **Salve Shubham Shamuvel**, bearing Regd No : 23612140147 was found suffering from depression.

His Class Mentor counseled him for thrice in the semester. The Mentor advised him to follow Meditation, Practice Mindfulness Exercise, Improve nutrition, and improve his sleep habits.

Patel Sahrish Abdulkadir: It's a quite a Common scenario that students develop exam phobia. Patel Sahrish Abdulkadir, bearing Regd.No 23612140272 was noticed suffering from Fear of Exams. Her Class Mentor took her enormous pride in her abilities to counsel the student twice in the semester. She advised the student to follow the tips:

1. Start Revising Early
2. Makin your own Timetable
3. Write legibly

Ghugare Krushna Vishnu, bearing Regd. No 23612140428 from FYME was found lack of communication skill which hampered him from the class activities. The Mentor of the class conducted a separate counsel for him and made him to get succeeded in delivering his presentation with full confidence. The Mentor counseled him with the following tips.

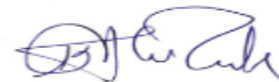
1. Listen Carefully
2. Consistency
3. Check to make sure audience needs are being met.

Andhale Bhakti Rameshwar, bearing Regd.No : 23612140168 from DSCO, was found weak at communication skill because of which he developed inferior complexity. Identifying her problem, the Mentor of her class counseled him thoroughly and set her out of the fear. The Mentor advised her to follow Good Vocabulary, Listening and Practice more.

Dhorkule Vaibhav Devidas, bearing Regd. No 23612140511 from DSME was noticed Tension with exams. As we know, Exams are often considered a ‘**fear**’ factor among students. Students of all age groups do undergo exam anxiety and have ‘exam phobia’ when it’s around the corner. Since its a common problem, The class Mentor took him to the Counseling Room and advised him some simple tips to overcome the fear. The tips he supplied were:

1. Never compare yourself with other students
2. Revise all the topics you have studied
3. Be focused.

Chaudhar Vaibhav Shahadev, bearing Regd. No 23612140026 is another student from DSCE, who had been noticed undergoing stress. His Class Mentor counseled him and provided him the tips to be followed to overcome the problem. He advised him to indulge in physical activity, to get more sleep, and to take control.



Prof. Sunil G. Autade
Counselor
Kai.Sau.Sunitatai Eknathrao Dhakane
Polytechnic College, Shevgaon

